



Theragun Prime Plus

Heat + Percussive Massage.
Multi-Therapy Capability.
Ultra-Durable Design.
Backed by Science for
3x Faster Benefits.

Upgrade your recovery with the multi-therapy Theragun Prime Plus. Featuring a 2-in-1 Heat + Percussive Massage design, the Prime Plus delivers massage therapy deep into muscles and is scientifically proven to accelerate recovery, optimize warm-ups, reduce soreness, and relieve pain more effectively than standard percussive massage alone.

Reach more of your body and treat large or small muscle groups and sensitive areas more comfortably with Theragun's patented triangle grip and new ergonomic, no-slip handle. Built with ruggedness in mind, it's drop-resistant, scratch-resistant and quieter than prior generations, so it can go from home to the locker room, field, course or trunk with ease.

Science-Backed Benefits

- Enhance recovery
- Optimize warm-up
- Reduce soreness
- Relieve pain
- Improve performance

Key Features

- Powerful 16mm percussive massage with heat therapy is scientifically proven to deliver benefits 3x faster
- Customizable treatments with 5 massage speeds and 3 heat intensity levels
- 4 Scientifically- designed attachments
 - Heated Percussive – accelerate warm-up and recovery
 - Dampener – tender or sensitive muscles
 - Standard Ball – small & large muscles
 - Wedge – shoulder blades & IT bands
- Compatible with Theragun multi-therapy Plus attachments to add more therapies based on your needs (*sold separately)
- New and improved patented triangle grip
- New durable material-drop and scratch resistant
- Bluetooth connectivity to the Therabody app for step-by-step guided routines
- Long-lasting 120-min battery life and travel lock for hassle-free transport



Percussive
Massage



Heat
Therapy



Vibration
Therapy
(Sold Separately)



Cold
Therapy
(Sold Separately)

 **Therabody**

PERFORMANCE

\$399
USD

\$499
CAD