


# PhysioFlex™

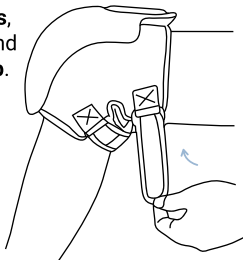
Knee Massager by **Nobol®**

Please review the Operation Instruction before you begin using the product.

# Quick Start

- **Position** the product on your **Knees**, fasten it securely with the **Strap**, and **Tighten** it by using the **Fixing Strap**.

- Press and hold the **Power Button**  to activate the **Auto Mode** by default.



- **Auto Mode:** the following functions will be turned **ON** as the default setting

**Vibration**

**Heating**  
(low-level)

**Infrared**

**Laser**



● Modify the **Settings** to suit your preferences and needs.

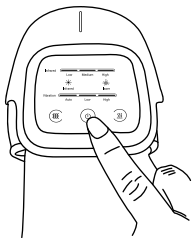
Briefly press **Vibration Button** ☰ to cycle through vibration modes (**auto, low, high, off**).

Briefly press **Heating Button** ☳ to adjust heating levels (**low, medium, high, off**).

Briefly press **Power Button** ⏻ to **Toggle Laser and Infrared** (ON, OFF, Switch between Infrared and Laser, Off).

When activating the **Knee Massager**, the **Infrared** and **Laser** functions are turned on by **Default**. If the **Knee Massager** is not worn, the **Laser** icon will **Blink**, indicating that the **Laser** is in **Stand-by Mode**.

● Press and hold **Power Button** ⏻ to power **OFF** the device.



## Before Initial Use

1. Ensure the product is fully charged, which takes approximately 3-4 hours.
2. Avoid letting the battery completely drain. Promptly charge when the battery light flashes.

# EN



## SAFETY INSTRUCTIONS

Read all instructions before using the Knee Massager.

### DANGER

**To minimize the risk of electric shock:**

- Always disconnect this device from the power source immediately after use.
- Avoid reaching for a device that has fallen into the water. Unplug it immediately.
- Refrain from using the device while bathing or in a shower.
- Do not position or store the device where it may fall or be drawn into a tub or sink.
- Avoid placing or dropping it into water or any other liquid.

### PRECAUTIONS

1. Do not insert debris into the massager gaps.
2. Avoid spilling liquids on the product to prevent short circuits and accidents.
3. Refrain from plugging or unplugging the charging cable with wet hands.
4. Use only recommended accessories and avoid using unauthorized ones.
5. Avoid using the product outdoors or in high-temperature and humid environments.
6. Refrain from engaging in strenuous exercise after wearing the product.
7. Do not lie down or sit on the product.
8. Avoid subjecting the product to significant impacts or loads.
9. Do not use the product while sleeping.
10. Do not use the product while driving.

# SAFETY

**Before use, the following must be understood, as failure to do so may result in damage or danger:**

1. Individuals with leg nerve disorders or skin sensory disorders should refrain from using this product.
2. Refrain from use if metal, silicone, or plastic materials have been injected into the knee due to fractures or surgery.
3. Avoid use by individuals lacking the ability to sense heat on their skin.
4. Individuals with knee sequelae from events like traffic accidents should not use this product.
5. Do not use if you have implanted medical electronic devices prone to electromagnetic interference, such as cardiac pacemakers.
6. Individuals considered to have lost temperature perception should refrain from using this product.
7. Do not use if you have malignant tumors.
8. Individuals with heart disease should avoid using this product.
9. It is not recommended for use by individuals in the early stages of pregnancy or shortly after giving birth.
10. Individuals with diabetes causing perceptual impairment should refrain from using this product.
11. Avoid use by individuals with scars on the skin.
12. For individuals with osteoporosis, severe fractures, sprains, muscle pain, or acute pain, use should be under the guidance of a doctor.
13. This product is not a medical device and is not intended for medical use.
14. The product contains a lithium battery; do not disassemble, modify, immerse in water, or throw it into fire, as this may cause damage to the product.

**If the following situations occur, please turn off the machine immediately and contact the designated service center of the machine:**

1. If severe pain occurs during massage, please stop the massage immediately and seek medical advice.
2. If any mechanical failure or abnormal condition is detected during use, please stop using it immediately.

# CLEANING

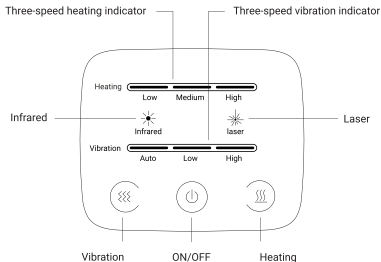
1. Wipe with a soft and dry cloth. Avoid wetting the main unit.
2. Do not use a wet towel on the main unit to prevent water from entering.
3. Avoid wiping with thinner, gasoline, or other liquids.
4. After use, press and hold the power button to turn off the instrument. Allow it to dissipate normally before storing in plastic bags.

# STORAGE

1. Keep the instrument out of the reach of children.
2. Store away from humidity, high temperatures, direct sunlight, and water splashes.
3. Do not disassemble, repair, or replace without authorization; unauthorized parts may cause accidents and malfunctions.
4. If the device is not used for an extended period, charge it once a month to prevent battery life shortening.

# TRANSPORTATION

1. The product has simple anti-vibration features; avoid excessive shaking during transportation.
2. Do not throw, drop, expose to rain, snow, or direct sunlight.



# OPERATING

Place the Knee Massager on your knee, secure it with the fixing strap, and snug it close to your knee.

Long-press the "Power Button" ⏻ to activate Auto mode, including vibration, low-grade heating, infrared, and laser features.

## When powered ON:

Briefly press "Vibration" 🌀 to cycle through vibration modes (auto, low, high, OFF). Lights turn white.

Briefly press "Heating" 🔥 to adjust heating levels (low, medium, high, OFF). Lights turn white.

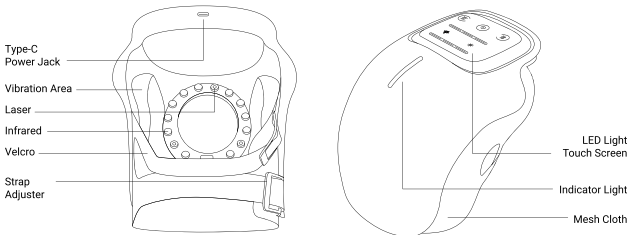
Briefly press the "Power Button" ⏻ to toggle Laser ✨ and Infrared ✨ (ON, OFF, switch between infrared and laser, OFF). Lights turn white.

Long-press the "Power Button" ⏻ to turn OFF the device.

## Recharge:

Before the first use, ensure to fully charge the product; charging time is approximately 3-4 hours. It is advisable not to completely drain the battery. When the battery light flashes, please recharge promptly.

Plug into a 1.2A USB adaptor and connect to the outlet.



# TROUBLESHOOTING

If you have any issues while using this product, please refer to the following tips and troubleshooting methods. If the issue still cannot be resolved, please power off the device and contact Customer Support.

Use failure	The reason	Solution
Product cannot function normally	The product completes a 10-minute timer massage and automatically enters standby mode	Please press the power switch again to restart
	Prolonged use may lead to product overheating, triggering an automatic power cutoff	Reuse the product after it has cooled
Product does not generate heat	When used outside the recommended ambient temperature range, the heating effect may not be as pronounced	Recommended for use at an ambient temperature of 15-35 degrees Celsius
Product produces abnormal sounds	The sound is a result of the mechanical structure of the product	This sound is normal and does not indicate a malfunction in the product's function
Product stops during operation	The battery is depleted	Connect the charging cable to initiate charging
	The timed massage automatically stops after 10 minutes	Restart the device



# WARRANTY

If within one year from the date of purchase, this device fails due to a defect in material or workmanship, Nobol, Inc. will repair or replace the device or necessary components, free of charge.

## **This warranty excludes:**

- a. Damage caused by accident, abuse, mishandling, or transport.
- b. Units taken out of the US.
- c. Units subjected to unauthorized repair.
- d. Damage exceeding the cost of the product.
- e. Deterioration of the delivered product resulting from abnormal storage and/or safeguarding conditions on the client's premises.
- f. Products taken apart or repaired by anyone other than an authorized service representative.
- g. Failure to provide the dated proof of purchase and serial number on your device.
- h. Products purchased from an unauthorized retailer.
- i. Please do not try and repair the unit yourself, as this will void your warranty.

Some states and countries do not allow a limitation of damages, so the foregoing limitation may not apply to you. This warranty guarantees specific legal rights, but other rights may vary between countries and from state to state. This warranty service is available through the operating policies and procedures of Nobol Inc., and all Nobol international distributors. If you are a client, please contact the appropriate Nobol business entity dealer, or retailer, from whom you directly purchased the device for warranty and return authorization procedures. This warranty is initiated and executed by Nobol, Inc.

# SPECIFICATIONS

Rated Voltage: 3.7V==

Rated Power: 10W

Input Current: DC5V== 2A

Lithium Battery: 3000mAh

Battery Life: 2 Hours

Product Size: 8 x 5.5 x 6.2 Inches

Product Weight: 2.15 Pounds

# SAVE THESE INSTRUCTIONS



**Nobol.com**



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