



Portable Sideline Table

Instructions for Use

Important Safety Information

Please observe the following safety guidelines at all times:

- Inspect the table, padding, and upholstery each time before use. Do not use if signs of damage are present.
- Ensure the table is fully open and locked before placing any weight on it.
- Confirm all four feet are level and stable on the floor before use.
- Do not exceed the maximum working capacity of 450 lbs / 204 kg (combined weight of patient and accessories).
- Do not place excessive weight or pressure on the headrest.
- Do not expose the product to extreme moisture or temperature.
- Keep away from children and pets — this is not a toy.
- Check all hardware connections and cables at least once per year.

 **WARNING:** Improper use of this device may cause injury. Read all instructions before use. Do not use if any component appears damaged.

Setting Up the Table



fig. 1

fig. 2

fig. 3

fig. 4

Opening the Table and Setting Upright

1. Stand the folded table on its side rubber bumpers so it is upright with the handles facing upward. Open the two side latches. (fig. 1)
2. Open the table fully until all legs are completely extended. (fig. 2 and 3)
3. Tilt the table upright until all four feet are resting flat on the floor.
4. Tilt one end of the table slightly, press down on the center, and tension the cables lightly to ensure the frame is secure. (fig. 4)

Adjusting Table Height

1. Locate the push-button height adjustment on each leg.
2. Select the desired height hole and press the button on the leg to raise or lower it.
3. Repeat on all four leg extensions. Be sure to select the same hole on each leg to maintain a level surface. (fig. 5)



fig. 5

 **CAUTION:** Verify the table is completely level before allowing a patient to use it. An uneven table may cause the patient to lose balance and fall.



Attaching the Field Feet

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1. Push the field feet onto each leg of the table by pressing the end of each leg into the hole on the top side of the Field Feet. (fig. 6)
2. Lightly push down on the top of the table to make sure it is stable.



fig. 6

Attaching and Using the Headrest



fig. 7



fig. 8



fig. 9

Installing the Headrest

1. Insert the tubular arms of the headrest into the headrest socket at the end of the table. (fig. 7)
2. Position the lock lever so that it extends out horizontally with the ridges facing up.
3. Adjust the headrest to the desired position, then push the lever down to lock it in place. (fig. 8)

Removing the Headrest

1. Loosen the lock lever. Pull the headrest straight out from the headrest socket. (fig. 9)

Attaching the Arm Sling



fig. 10



fig. 11



fig. 12

How To Attach the Arm Sling

1. Remove the face pillow from the headrest.
2. Thread the loops of the arm sling through the tubular arms of the headrest. (fig. 10)
3. Insert the headrest into the table and attach the hook and loop strap on the arm sling to the top of the headrest. (fig. 11)
4. Place the face pillow onto the headrest. (fig. 12)

Folding and Storing the Table



fig. 13



fig. 14



fig. 15



fig. 16

Folding and Storing the Table

1. Lower the table height to its lowest setting by pressing the button on each leg and lowering each leg to the same hole. (fig. 13)
2. If installed, remove each of the field feet by pulling them off each table leg and place in their storage bag. Disconnect the headrest and arm sling.
3. Turn the table on its side with the rubber bumpers facing down. (fig. 14)
4. Fold the legs into the table frame. Ensure the cables remain inside the table frame before closing. (fig. 15)
5. Close and latch the side latches to secure the folded table. (fig. 16)

Storage

- Store the table in a climate-controlled environment. Extreme cold will cause the vinyl to crack.
- Avoid storing in extreme heat. Keep away from heaters, direct sunlight, electrical appliances, and the interior of a vehicle on hot days — excessive heat will cause the upholstery to stretch and pucker.

Upholstery Care

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- Clean the upholstery after each use. A recommended method is to mix a small amount of antibacterial dish soap with water in a spray bottle and wipe down with a clean, damp towel.
- Do not clean with alcohol — it will dry out the vinyl and cause cracking over time.
- Protect the table with sheets and fleece covers during use to reduce wear, oil staining, and soiling.
- Protect the upholstery from cuts, abrasions, and punctures.
- Periodically alternate which end of the table the face rest is attached to in order to promote even wear.



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