



RIGHT SHOULDER SPIDER

 Partner Application

ONE PIECE PRECUT
READY-TO-APPLY

Application Tips:



Ensure skin is dry and free from oils, lotions, and hair



Do not touch adhesive with your fingers



Do not stretch the tape when applying



Gently rub the tape after applying to activate the adhesive

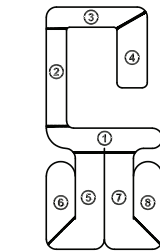
Following these tips will ensure maximum benefits and extend the use of your product. Enjoy!

RIGHT SHOULDER SPIDER

Application instructions

Application Tips:

- Notice the tab numbers on the back side of the tape showing the order of application.
- Before you begin, bend and snap all the perforations.
- Ensure skin is clean, dry, & free from oils before application.



Partner Application



1



Remove the number 1 tab and apply the section to where the upper arm becomes the shoulder. Rub tape to activate adhesive.

6



Maintain the same arm position and apply the section number 6 to the front of their arm.

2



Have the user place their right hand behind their back with their palm facing away from them. Remove the number 2 tab and apply the section across the top of their shoulder, finishing on the upper inside border of their shoulder blade.

7



Have the user straighten their arm, palm facing inward, and raise it in front of their body.

3



Maintain the same hand position and remove the number 3 tab. Apply the section down the inner border of their shoulder blade.

4



Have the user bring their arm across their body, resting their arm on the opposite shoulder. Remove the number 4 tab and apply the section to the skin.

8

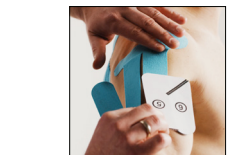


Have the user raise their arm overhead and fully bend their elbow.

5



Have the user straighten their arm and place it behind their body with palm facing forward.



Remove the number 5 tab and apply the section to the side of their arm.

9



Have the user bring their arm back to a resting position. Take your time and gently rub the tape from the middle out to the ends to activate the adhesive.



Watch our
how to apply
video here