## Transfer Board user guide

Transfer boards provide easy patient transfer between chairs, beds, wheelchairs or any other device used for day-to-day transfer. Select models have handgrips to give users a better grasp on the board. Available in wood or plastic material.

## How to use

- 1. Position your wheelchair as close as you can to the area you want to move to. Lock the brakes of your wheelchair and remove its armrest.
- 2. Scoot forward in the chair and position your feet flat on the floor.
- 3. Lean slightly away from the area you want to move to and carefully slide the transfer board under your buttocks and upper thighs. The other end of the transfer board should be placed on the area you want to move to.
- 4. Without placing your fingers under the transfer board, slightly lift your buttocks, lean away from the area you want to move to and push yourself from the wheelchair to slide across the transfer board.
- 5. Continue to lift, push and slide yourself until you have fully transferred to the place you want to move to. Make sure you feel secure and stable at this place and remove the transfer board.









REF	type	size	weight capacity
50-3000	wood, no handgrip	8" x 24" (20cm x 61cm)	350 lb (159 kg)
50-3001	wood, no handgrip	8" x 30" (20cm x 76cm)	350 lb (159 kg)
50-3002	wood, 1 handgrip	8" x 24" (20cm x 61cm)	350 lb (159 kg)
50-3004	wood, 2 handgrips	8" x 24" (20cm x 61cm)	350 lb (159 kg)
50-3005	wood, 2 handgrips	8" x 30" (20cm x 76cm)	350 lb (159 kg)
50-3007	plastic, no handgrip	8" x 28" (20cm x 71cm)	350 lb (159 kg)
50-3008	wood, no handgrip, heavy duty	8" x 24" (20cm x 61cm)	450 lb (204 kg)



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