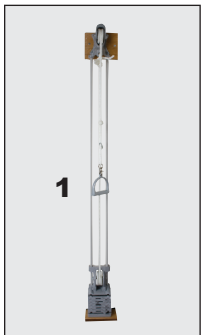


weights and exercisers

chest weight pulley systems

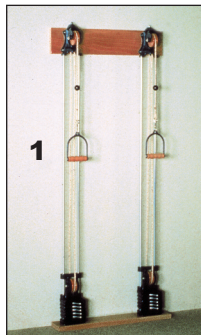
- pulleys come with handles, weights and hardware
- handle is mounted at chest height on single handle unit; chest and floor height on double handle unit; and chest, floor and shoulder height on triple handle unit (ceiling height of 10 feet is required for triple handle unit); choose from single or dual stack (column) set-ups
- select weight level by inserting "pin" into weight stack at increments of 2.2 lb
- exercisers are wheelchair accessible
- handles can be adjusted to any starting height



single handle / single weight stack*

single handle chest pulley

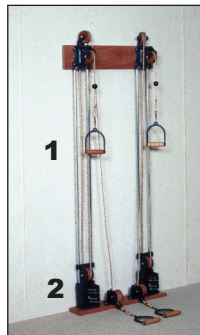
single weight stack
10-0667 467.50



single handle / dual weight stack*

single handle chest pulley

dual weight stack
10-0660 715.00

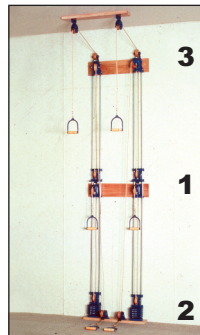


double handle / double weight stack*

double handle chest/floor pulley

dual weight stack
10-0661 880.00

single weight stack
10-0668 577.50
(not shown)



triple handle / dual weight stack*

triple handle ceiling/chest/floor

dual weight stack
10-0662 1,100.00

single weight stack
10-0669 742.50
(not shown)

*each weight stack contains 11 lb of weights (5 x 2.2 lb weights)

KEY TO HANDLES

SINGLE HANDLE
consists of center chest pulley

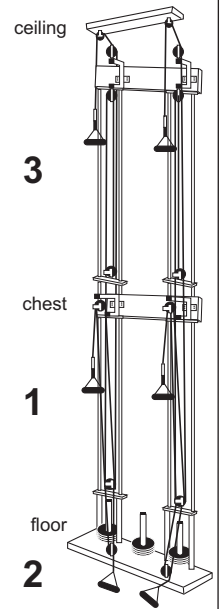
1

DOUBLE HANDLE
consists of center chest pulley and bottom floor pulley

1 & 2

TRIPLE HANDLE
consists of top ceiling pulley, center chest pulley and bottom floor pulley

1, 2 & 3



chest pulley accessories



10-0673	curl bar	40.00
10-0674	twin ball	35.00
10-3220	webbing handle (pair)	7.50
10-0664	metal handle (pair)	40.00
10-0663	2.2 lb weight	25.00

Elgin® leg/ankle exerciser



exerciser with weights

- for lower leg and ankle exercises
- use weights for load-resisting inversion, eversion, dorsi-flexion and plantar-flexion
- optional accessories include: two 5 lb and four 2½ lb disk weights

10-1110 leg/ankle exerciser only 900.00
10-1119 with 20 lb of weights 925.00

parallel dip



- accommodates all width wheelchairs
- improves upper body strength, especially the deltoids and triceps
- forward and backward resistance
- adjustable handles
- optional accessories include: two 5 lb and four 2½ lb disk weights
- product dimensions: 40"L x 36"W x 36"H; 55 lb

10-0691 EN-304 exerciser 750.00
10-0699 with 20 lb of weights 775.00

Love handles Rx



- lightweight, elliptical arms attach to any chair or wheelchair
- strengthen arms, shoulders, back, stomach and core with up to 8 lb of resistance
- provides cardiovascular exercise
- arms can be moved forward or backwards

10-0705 Love handles Rx 215.00